

## Presentation of the capacity of the health tourism center Banja Vrucica

Dear Madam / Sir,

We are writing to you in this way with the intention to introduce our company and opportunities for cooperation. Health tourism center Banja Vrucica Teslic, Bosnia and Herzegovina has several offers, which can be allocated in the following programs:

- Health program
- Wellness program
- Sports and Recreation
- Congress

You are welcome to visit our website [www.banja-vrucica.com](http://www.banja-vrucica.com).

We would also like to point out that our spa has implemented ISO 9001: 2008 and HACCP standard.

I also want to say that we are very well positioned (100 km from the Banja Luka airport, which has good connections through Belgrade through Airserbia network), 190 km from Sarajevo Airport and 90 km from Airport Tuzla (Bosnian HUB airport for Wizzair). Our center is well connected by road (1 hour by car to Banja Luka, 2 hours by car to Sarajevo, 4 hours by car to Zagreb and Belgrade).



The Banja Vrucica is located in the northern part of Bosnia and Herzegovina, near the town of Teslic. Here arises the source of the famous mineral water, which has already been used by the ancient Romans for healing purposes. Surrounded by deciduous and coniferous forests on rolling hills and mountainsides, with close proximity to the river Usora, the health resort offers a beautiful setting to relax and unwind. Located 230 m above sea level, here you can enjoy a temperate continental climate. The clean air, the healing thermal waters, as well as the picturesque landscape and extensive health treatment gives good basis for a restful and relaxing

stay. All hotels are located close to each other, within 200 meters.

In our area there are a large number of cultural and historical monuments of all nations of Bosnia and Herzegovina. The most famous of them are Orthodox monastery Liplje dating back to XII century and Maria Catholic shrine Komušina (20 km from our Spa), as well as an old Bosnian town Tešanj with fortress from the Turkish period.

## HEALTH PROGRAM

Banja Vrucica Spa is known for its healing thermal waters. With modern equipment, competent doctors and other medical staff we offer cardiovascular and physiatrists-rheumatological rehabilitation and classical balneal therapy. In addition, we have a modern laboratory and diagnostic center, and a fully equipped dental service. Also we have installed recently air pressure chamber (hyperbaric chamber) and salt room, and Russian cedar steam sauna. Our Health-tourism center Banja Vrucica is optimal for the following indications: the thermal waters of Banja Vrućica Spa is indicated for the treatment of patients with myocardial infarction, hypertension, diabetes, osteoporosis, peripheral arterial occlusive disease, for rehabilitation after surgery on the heart (bypass, valve replacement, installation of pacemakers, stents, balloon dilatation), after the intervention on peripheral blood vessels, after the break, the installation of artificial hip or knee replacement, spinal surgery, for the treatment of degenerative and inflammatory rheumatic diseases, rehabilitation after stroke with paralysis and paralysis of the peripheral nerves.



The health center offers modern facilities with the latest equipment. In addition to an individually tailored to your diet form, and friendly staff, the center offers the following health programs:

- Cardio-Vascular Rehabilitation
- Physiologically-rheumatic rehabilitation
- Treatment of obesity
- Balneotherapy

### Cardiovascular program and physiologically-rheumatic rehabilitation:

Our center provides the rehabilitation of patients with cardiovascular diseases. Treatment is by Kinesitherapy, correction of risk factors, Psychotherapy, and the application of balneo-climatic factors. The goal of treatment is to restore a good health condition of the patient and the resulting increase in life expectancy, as well as the assurance of working capacity. Medical services based program includes:

- Full board (accommodation and three meals, diet food, if necessary)
- Cardiologists, Physiatrist or rheumatologist examination,
- ECG examination,
- laboratory tests (sedimentación, blood test, blood sugar and urine)
- Mineral bath (in the bathtub or swimming pool) every day,
- Three physical procedures daily (massages are excluded)
- Daily medical monitoring,
- dismissal letter.

### **Balneotherapy program**

Services with full board includes:

- Full board (accommodation and three meals, diet food, if necessary)
- Medical examination,
- Mineral bath (in the bathtub or swimming pool) daily.

### **Weight reduction program**

The weight loss program is a combination of diet nutrition and physical activity. The program will be accompanied by experts and specialists, such as endocrinologists, cardiologists, physiotherapists, psychologists, nutritionists and fitness trainers and supervised. To make the treatment of obesity optimal for the individual situation of the patient, the program includes an extensive diagnostics with all the necessary laboratory tests. Thus, the type of diet and the level of physical activity can be accurately determined for the patient. Patients can participate in a ten or fourteen day treatment program. Accommodation of the patient is in the luxurious hotel "Kardial \*\*\*\*".

### **Diagnostic Center:**

In the Diagnostic Center of Banja Vrucica following tests may be performed:

- Laboratory tests (biochemical and haematological analysis, tumor markers ...)
- Ultrasound diagnosis (heart, stomach, thyroid, breast, cooking-joint system, Doppler examination of the blood vessels)
- Ergometry test (stress test)
- Osteodensitometry
- Holter ECG (Holter) and Holter blood pressure (long-term measurements)

### **WELLNESS PROGRAM**

Through reconstruction of the hotel Kardial we have built a modern wellness center, which covers approximately 1,600 m<sup>2</sup>. From wellness center offer we especially emphasize indoor swimming pool (13.5 m in diameter with heated water), an outdoor pool with thermal water, which can be used in the winter months, three types of saunas (Oriental, Finnish and infrared), different types of massage (Sport, anti-stress, aromatic oils, volcanic stones, chocolate) and a modern fitness center.

In addition, we have a variety of wellness packages that are based on accommodation on two or



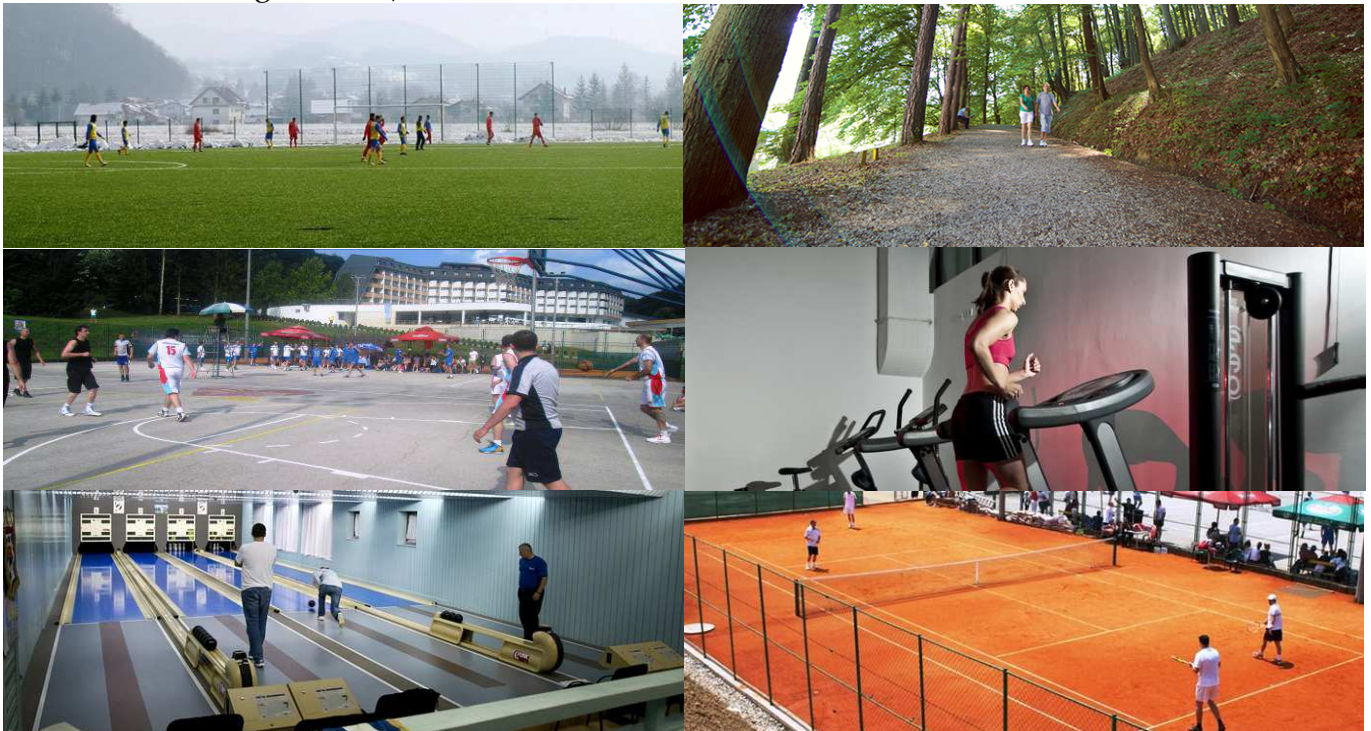
more days, created with the use of the various services of the wellness center, depending on package (more on: <http://www.banja-vrucica.com/en/enjoy-yourself/wellness-packages> ).

We are very proud of our outdoor swimming pool with 650m<sup>2</sup> water area, which is unique in Bosnia and Herzegovina. We have a total of 650 deckchair. We also opened a new hydro-massage pool for 24 persons. The whole complex of the outdoor pool is located on 5000 m<sup>2</sup>.



## SPORT AND FREETIME

Please note that our Spa is an ideal destination for team building and various sporting events (we have a bowling alley, tennis courts, soccer fields, volleyball, football and basketball, cycling paths and our own bikes for hire, 7 km of trails for hiking, the largest hotel fitness center in Bosnia and Herzegovina, ...).



In our surroundings are located mountains Borja and Vucja Planina (both higher than 1000 m), which offer great opportunities for hiking, mountain biking, off-roading, hunting and fishing, etc.

## CONGRESS AND BUSINESS TOURISM

Banja Vrucica Spa has a long tradition. in the field of health, wellness and conference tourism. Our history dates back to 1919, when first facilities of the spa were built. Our health center has in

the organization of seminars, conferences, meetings, conventions and similar events a long tradition, and we are sure you will be satisfied with our services. In this regard, we are free to present our health-resort.

The capacity of our all 4 hotels is a total of 1,000 beds (337 beds in hotel Kardial \*\*\*\*) and 6 conference rooms in the hotel Kardial can meet all your needs.

Below is a brief description of the hotel Kardial conference rooms and halls. Hotel Kardial \*\*\*\* has largest hotel convention center in Bosnia and Herzegovina.

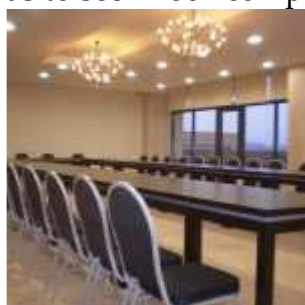
Hotel Kardial \*\*\*\* has a conference hall with 400 seats and five smaller conference rooms from 15 to 120 seats. All lounges are with modern design and have all the necessary equipment such as projectors, screen, flipchart ... They are ideal for holding trainings, seminars, conferences, teambuilding and presentations.

Our hotel Kardial \*\*\*\* offer you the following conference halls and meeting rooms:



#### DANUBE

Large, modern conference hall with 350 to 400 seats. It is suitable for concerts, conferences, events, cultural and artistic events and has equipment for simultaneous interpretation (120 pieces 4-Channel Headphone), multimedia presentations, audio recording and sound. The sound and video from this hall you can transfer to all other conference halls and lounges, as well as to see in our complex hotel rooms in all our hotels.



#### VIP

Exclusively furnished lounge with a capacity up to 100 seats. It is suitable for receptions, board meetings and conferences, and has a terrace overlooking an outdoor pool.





## SAVA

A large conference hall with a capacity up to 120 seats and room for simultaneous translation and audio recording. It can be divided into two equal parts and is suitable for meetings, which requires the introductory part with work of all participants while later work must be carried out in groups.



## BOSNIA

Spacious entrance hall with 80 seats. It features a terrace overlooking an outdoor swimming pool that can be used for coffee breaks, and is connected to Salon USORA and for easy communication it provides the opportunity to work in larger or in two separate groups.



## USORA

Hall with a capacity up to 35 seats. It is connected to Bosnia and VIP halls and offers the opportunity for the work of large groups, for easier communication.



## RAKOVAC

Lounge with a capacity up to 20 seats. It is suitable for smaller meetings and small groups.

In other hotels we have halls that can be used for various events, so that we can say that we can seamlessly organize all types of events up to 1000 participants.

Finally, I should point out that our center is known for its varied cuisine with specialties of local and international cuisine. We also have extensive experience in organizing parties and celebrations.

I hope that you would find something interesting for your needs from our various offers. If you are interested, we can sign a contract, or we can cooperate on the basis of individual requests and offers.

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Hoping for the future successful cooperation,  
Best Regards!

**Acting General Manager**

**Aleksandar Radosevic**